

Making a Donation

Donations to Organisations that Support Our Work

Although, in the UK, there is no charge either for E-SaW Club membership or for the Guaranteed Permanent programme, there is, of course, a cost - some of which is paid by organisations that support your Club.

On average, the research, development, mentoring, materials and support given to a member on the Guaranteed Permanent costs £2,380. That's an average from the moment club members join, until their body chemical tests show us that their Central Nervous Systems and their Enteric Nervous System have both accepted a new Personal Defended Size - that's the size your body tries to maintain - even when you want to be smaller!

We ask you to consider helping services for people affected by, or at risk of, Type 2 Diabetes to continue by making weekly or monthly donations to the organisations that support the Club but, please note that...

Any donations must be affordable to you. You should never extend yourself financially.

Your entry onto the programme, which is by invitation, is made no less or more likely by any donations you're kind enough to make.

How much am I expected to donate?

It's up to you. We believe the people that do best on the programme are those who give enough each week or month for it to have meaning for them - but not so much that it causes them to worry.

Can I have some examples of how much people give?

Most people set up a standing order or a direct debit to give money weekly. The advantage of the Direct Debit is that if you buy other services, you don't have to pay separately - but some people don't like Direct Debits. It's up to you.

Some people are in a position to donate a great deal, many people are not. As a guide, if we average out our members, they donate about 2 hours gross earnings per week. But everyone's circumstances are different. People who are not earning simply donate an amount they feel comfortable giving.

Are donations confidential?

Yes. The only people informed are Her Majesty's Revenue and Customs - if you are a UK taxpayer and allow the organisation to which you are donating to claim Gift Aid.

Apart from helping research and development, what else will my donation achieve?

Part of each donation goes towards providing you with a local face-to-face meeting place - if there currently isn't one.

Ways to donate

If you would like to send us a donation via your bank, speak to your E-SaW Club representative who can provide you with further details.

You can also email us: donate@e-saw.club